



Latrobe Health
Assembly

Shaping
The Valley

2017-18 ANNUAL REPORT

SHAPING NEW WAYS TO IMPROVE
WELLNESS IN THE LATROBE HEALTH
INNOVATION ZONE



HEALTHY LIVING



BETTER CARE



POSITIVE CULTURE



GREAT PLACE

OUR MISSION

**10,000 MORE PEOPLE WITH BETTER
HEALTH AND WELLBEING IN 10 YEARS**

SHAPING NEW WAYS TO IMPROVE WELLNESS IN THE LATROBE HEALTH INNOVATION ZONE



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CHAIRREPORT

PROFESSOR JOHN CATFORD



Welcome to this, the first annual report of the Latrobe Health Assembly Inc. The 2017/18 financial year marks the first full year of operation of the Assembly since its incorporation in June 2017.

2017/18 has been a significant year in which we have brought to life the concept of a community-led health and well-being entity, which was first proposed by the Hazelwood Mine Fire Inquiry 2015/2016. The Inquiry's report recommended three major steps to progress health improvement in Latrobe City, namely designation of the local government area as a health innovation zone, formation of the Latrobe Health Assembly and appointment of a Latrobe Health Advocate. All three recommendations have now been implemented thanks to the support of the Victorian Government which has also provided substantial financial support.

In particular, the Assembly has taken great strides in its first year, and has already put in place a number of projects which originated from the community. In addition it has set up a functioning office in the heart of Morwell and appointed an excellent group of support staff. The Assembly members, most of whom are community volunteers, have worked together to guide these activities.

The Assembly's Board of Governance is now also fully formed. Four community members, Ange Gordon, Tanya Rong, Linda Reid and Ron Ipsen, were elected by the full Assembly and formally appointed by the Minister for Health in November 2017. Together with the Chief Executive Officers of Gippsland Primary Health Network, Marianne Shearer; Latrobe City Council, Gary van Driel; Latrobe Community Health Service, Ben Leigh; Latrobe Regional Hospital, Peter Craighead; and the Director Inner Gippsland area of the

Department of Health and Human Services, Andrea Spiteri; and me as the Independent Chair, we make up the 10 person Board.

Appointment of the full Board has enabled consideration and development of a Strategic Plan, which was a major focus of the Assembly during the year. In April 2018 the Board took part in a strategic planning session which has resulted in the development of 'Our Dream, Our Plan.'

'Our Dream' is for at least 10,000 more people with better health and wellbeing in 10 years. The Plan is based around four strategic pillars, Health Living, Better Care, Positive Culture and Great Place. The Pillar Structure and key action areas under each of the pillars are illustrated in the diagram on the following page.

The Strategic Plan provides a strong focus for the work of the Assembly and will guide the range of programs developed in the coming years. It is one of the underpinning platforms as we continue to build an organisation unique to Australia from the ground up.

In addition to developing, funding and supporting a series of innovative projects, other work has been the development of a suite of solid governance documents that provide the base from which decisions are made and reported.

As Chair of the Assembly and Board I am pleased that we have established strong corporate governance with balanced budgets, contemporary policies, progressive planning and effective resource management. This is a tribute to our Members and our committed staff. In particular Ian Needham, our Executive Officer, has been a continuing source of energy, inspiration and integrity for us all.

All in all, this has been the foundational year from which the Latrobe Health Assembly will continue to grow and prosper.

On behalf of the Assembly, I thank the Victorian Minister for Health, The Hon. Jill Hennessy MP for her support and leadership. I am also grateful to the Minister for Mental Health, The Hon. Martin Foley MP, other Ministers and their Advisers, Members of the Victorian Parliament, other government agencies and colleagues in the Department of Health and Human Services.

Latrobe Health Assembly

Imperative to everything we do is the on-going commitment of the Latrobe Valley community. I would like to publically thank the many people who have formed the Assembly and Board, in particular the community members who bring community ideas and voice to the table. They have been strong advocates, wise counsellors and invaluable contributors during 2017-18. Prospects for the future look most encouraging.



I have great pleasure, therefore, in presenting this Annual Report for 2017-18 on the Assembly's many achievements.

Professor John Catford
Chairperson - Latrobe Health Assembly

Our Plan

Our Dream	10^K by 10^Y : 10,000 more people with better health and wellbeing in 10 years						
Our Quest	Shaping new ways to improve wellness in the Latrobe Health Innovation Zone						
Our Pillars	Healthy Living		Better Care		Positive Culture		Great Place
Our Action Areas	Physical Activity More people moving, playing sport, and walking and riding for their work, study and daily life		Chronic Health More people accessing integrated, innovative care, and self-managing their chronic health conditions		Social Inclusion More people who are resilient, connected and included so that they can fully participate in life		Built & Natural Resources More people enjoying built neighbourhoods and natural environments, and accessing better transport
	Smoke Free More people free of tobacco and quitting, and more young people not starting to smoke		Mental Health More people receiving better care, support and community understanding for their mental health issues		Safe Families More people feeling safe from physical violence, emotional and financial abuse, and neglect		Jobs and Skills More people of all ages accessing quality education and fulfilling occupations, both paid and unpaid
	Healthy Food More people choosing water, healthy food options and eating together		Dental Health More people with healthy teeth and gums, and accessing preventive measures		Drugs and Alcohol More people taking healthier action about using alcohol and other drugs, and accessing support services		Community Capital More people volunteering, and contributing to productive and thriving communities
Our Approach	<ul style="list-style-type: none"> • Lead and follow • Create and innovate 		<ul style="list-style-type: none"> • Enable participation • Leverage resources 		<ul style="list-style-type: none"> • Listen, look, learn • Build capacity 		<ul style="list-style-type: none"> • Partner with stakeholders • Monitor and evaluate
Our Reach	Everyone	<ul style="list-style-type: none"> • Children • Multicultural 	<ul style="list-style-type: none"> • Young People • Disability 	<ul style="list-style-type: none"> • Families • Aged 	<ul style="list-style-type: none"> • Women and Men • Vulnerable 	<ul style="list-style-type: none"> • Aboriginal • Low Income 	
Our Values	Collaboration	Innovation	Inclusion	Integrity	Access	Equity	

EXECUTIVE OFFICER REPORT

IAN NEEDHAM



The Latrobe Health Assembly's first full year of operation was an exercise in developing models that would meet the needs of a new organisation attempting something that has not been done before. The Assembly became an Incorporated Association on 26 June 2017, having had some six months of initial development from the first meeting of those invited to form the Assembly.

After moving into its own office in Commercial Road in June 2017 and completing the backbone staffing recruitment in July 2017, the major goals for the year were to establish methods of working that would allow for consideration of ideas, development of concepts and initiation of projects.

The Assembly participants had identified their broad areas of focus and developed working groups on each topic. These were Chronic Illness and Living Well; Early Children, Families and Younger People; Sport, Exercise and Nutrition (abbreviated to Make a Move) and Education, Employment and Pride of Place (abbreviated to Pride of Place.)

From these groups the community issues were identified and project ideas developed. Among the first were the need to address food security in the Latrobe Valley community, and seek new ways of encouraging more physical activity. The details of these projects and others are documented later in this report.

The model of working was defined as these early projects proceeded.

As the Assembly is not a delivery agency, the model developed was to seek auspice agencies who could host and manage the human and other resources to deliver projects. Examples of these are the Food Security project and Physical Activity project, which are described in more detail later in this report.

Funding for these and a number of other projects were obtained through the budget allocated to the Latrobe Health Innovation Zone, managed by the Department of Health and Human Services. Typically for projects supported by the Assembly and approved by the Board, funding is provided through the Prevention, Chronic Disease or Mental Health streams of the overall budget.

The Assembly also has direct access to an Innovation Fund of around \$340,000 and a Community Engagement Fund of around \$140,000.

“Working in a new entity has proved intriguing, exciting, occasionally frustrating and is becoming even more rewarding”

A portion of these funds has been allocated to the Health Innovation Grants program, the first round of which proved highly successful and engaging for a range of community groups and individuals. The roll out of this and other innovations is detailed later in this report and as the Assembly continues to develop, these funds will hopefully generate further energy and innovation from the community.

Working in a new entity has proved intriguing, exciting, occasionally frustrating and is becoming even more rewarding. I would like to especially thank the staff group, who have been instrumental in developing our models of working and supporting the Board and the Assembly members.

We have worked closely with our colleagues at the Department of Health and Human Services and I would particularly like to recognise and thank the teams lead by Ellen-Jane Browne and Karen Russell for their support and assistance. Latrobe Regional Hospital under the leadership of CEO Peter Craighead provides the Assembly's administrative and financial support and I thank the team at LRH for its great assistance.

I would especially like to acknowledge the support of the Chair, Professor John Catford, and the Board in guiding the direction and development of the Assembly. Their knowledge, support and guidance have been invaluable in the development of the Assembly and Professor Catford has been a wise head and excellent sounding board for me and the staff group. His personal support is greatly appreciated.

The integral body of people to thank is the full Assembly membership. The on-going enthusiasm and ideas that have come from the members, who are in the main volunteers, will be the catalyst for addressing the health and wellbeing issues of the Latrobe City into the future.

Ian Needham
Executive Officer - Latrobe Health Assembly

ABOUT THE LATROBE HEALTH ASSEMBLY



In response to the Hazelwood Mine Fire Inquiries, the Victorian Government designated the Latrobe Valley as a Health Innovation Zone, the first of its kind in Australia. The formation of the Latrobe Health Assembly is a key component of the Health Innovation Zone and is a mechanism for increased community engagement leading to health improvement and integration of services.

Comprising 45 members, the Latrobe Health Assembly is working with the population of Latrobe City to reach the goal of 10,000 more people with better health and wellbeing in 10 years.

The Latrobe Health Assembly provides the opportunity for a much stronger community voice in identifying health and wellbeing issues and gaps and also identifying solutions that best meet the needs of Latrobe Valley residents.

The majority of members are from the community, with a diverse representation from various locations, professions, demographics and connections to communities and groups.

Other members of the Assembly include:

- An independent Chair
- A standing representative from Department of Health and Human Services, Latrobe Community Health Service, Latrobe Regional Hospital, Latrobe City Council and Gippsland Primary Health Network. These representatives are the CEO or the Board Chair.
- Representatives from relative government departments and organisations, including the Department of Health and Human Services, WorkSafe, Environment

Protection Authority, Department of Education and Training, Chronic Disease Prevention Alliance, VicHealth, Commonwealth Department of Health, Latrobe Valley Authority and Department of Economic Development Jobs Transport and Resources.

Our Dream

People of Latrobe Valley, we are your Health Assembly.

- Everyone is a someone in the Latrobe Valley
- That someone may be your everything
- That someone is a family member, a lover and a loved one
- That someone is a friend, a neighbour and a colleague
- That someone is you
- But that someone may not be as healthy as possible to enjoy the best that life can bring.
- We need more people in the Valley to be well, to work, to raise families, to be friends, to create, to build things, to make stuff happen
- We want to help you live a life of hope, love and wellness
- You are us - your everything is our everything
- Because everyone in the Valley is important

Our Dream is 10^K by 10^Y:
10,000 more people with better health and wellbeing in 10 years.

How you can get involved:

The Latrobe Health Assembly is always on the look out for new members that are passionate about the health and wellbeing of the Latrobe Valley community. Register your interest at:

www.healthassembly.org.au

LATROBE HEALTH ASSEMBLY MEMBERS

Members of the Latrobe Health Assembly include community members, directly invited representatives from key service providers within the Latrobe Valley and a Board of Directors which comprises of CEO's/ Directors of the five Foundation Agencies and an independent Chairperson.

COMMUNITY MEMBERS

Andrea (Ange) Gordon

Community Member & Board Member

Arfa Khan

Community Member

Ashley Hall

Community Member

Barry Switzer

Community Member (Res. Dec 2017)

Bonnie Healey

Community Member

Brendan Bowler

Community Member

Celeste Jennings

Community Member (Res. Oct 2017)

Courtney Smith

Community Member

Danny O'Donnell

Community Member

Dan Poynton

Community Member

Darryl Mayberry

Community Member

Deborah Knight

Community Member

Den Lim

Community Member

Denise Stranger

Community Member

Diane Wilkinson

Community Member

Dr Fred Edwards

Community Member

Jane Barr

Community Member

Joanne Parker

Community Member

John Bellerby

Community Member

Jonathan Armstrong

Community Member

Kristine Travers

Community Member

Leonie Solomon-Green

Community Member (Res. Feb 2018)

Linda Reid

Community Member & Board Member

Lisa Sinha

Community Member

Mark Munnich

Community Member

Neil Akers

Community Member (Res. Oct 2017)

Pam Pattison

Community Member

Sean McLoughlin

Community Member

Shaun Mallia

Community Member (Res. May 2018)

Tanya Rong

Community Member & Board Member

Travers Scott

Community Member

DIRECT INVITE MEMBERS

Claire Amies

Worksafe Victoria
Delegate: **Barbara Hill**

Danny O'Kelly

Department of Health & Human Services

Jerril Richter

VIC Health
Delegate: **Kellie Horton**

Karen Cain

Latrobe Valley Authority
Delegate: **Andrew Waller**

Kellie-Ann Jolly

Chronic Disease Prevention Alliance

Simon Hamilton

Department of Education & Training
Delegate: **Nicola Stuart**

Nial Finegan

Environment Protection Authority Victoria
Delegate: **Stephen Lansdell**

LATROBE HEALTH ASSEMBLY BOARD

The Latrobe Health Assembly is governed by a Board of Management. Board members are appointed by the Victorian Minister For Health the Hon. Jill Hennessy MP. The Board comprises an independent Chairperson, five Directors drawn from foundation organisations and four elected community members.



PROF. JOHN CATFORD
CHAIRPERSON
LATROBE HEALTH ASSEMBLY
BOARD MEETINGS ATTENDED: 12/12



ANDREA SPITERI
DIRECTOR, INNER GIPPSLAND AREA, SOUTH DIVISION
DEPARTMENT OF HEALTH & HUMAN SERVICES
BOARD MEETINGS ATTENDED: 12/12



MARIANNE SHEARER
CHIEF EXECUTIVE OFFICER
GIPPSLAND PHN
BOARD MEETINGS ATTENDED: 12/12



TANYA RONG
COMMUNITY BOARD MEMBER
LATROBE HEALTH ASSEMBLY
BOARD MEETINGS ATTENDED: 7/7



GARY VAN DRIEL
CHIEF EXECUTIVE OFFICER
LATROBE CITY COUNCIL
BOARD MEETINGS ATTENDED: 9/12



LINDA REID
COMMUNITY BOARD MEMBER
LATROBE HEALTH ASSEMBLY
BOARD MEETINGS ATTENDED: 7/7



BEN LEIGH
CHIEF EXECUTIVE OFFICER
LATROBE COMMUNITY HEALTH SERVICES
BOARD MEETINGS ATTENDED: 10/12



ANGE GORDON
COMMUNITY BOARD MEMBER
LATROBE HEALTH ASSEMBLY
BOARD MEETINGS ATTENDED: 6/7



PETER CRAIGHEAD
CHIEF EXECUTIVE OFFICER
LATROBE REGIONAL HOSPITAL
BOARD MEETINGS ATTENDED: 9/12



RON IPSEN
COMMUNITY BOARD MEMBER
LATROBE HEALTH ASSEMBLY
BOARD MEETINGS ATTENDED: 7/7

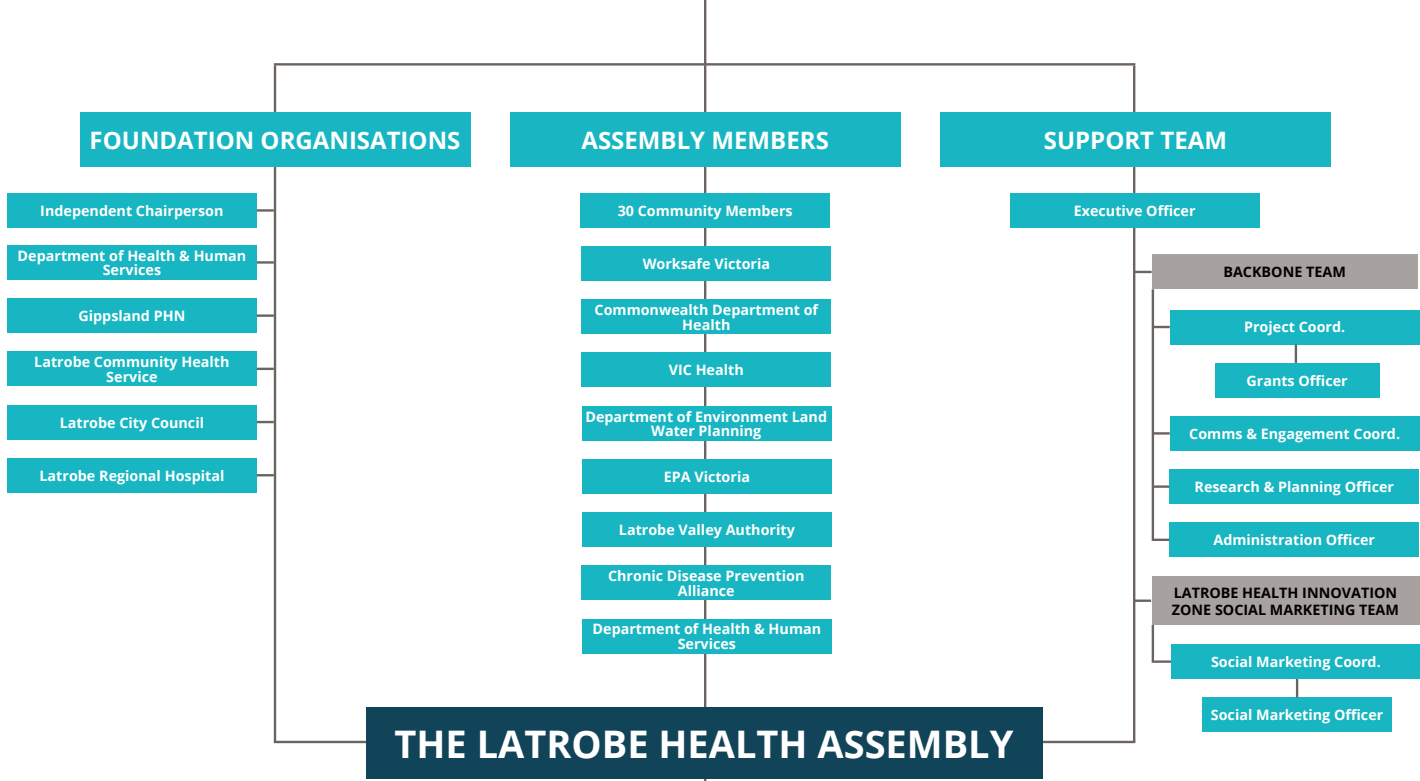
ASSEMBLY STRUCTURE

WE ARE ONE ASSEMBLY... BUT WE ALL HAVE DIFFERENT ROLES TO PLAY



LATROBE

COMMUNITY OF LATROBE VALLEY



MEETING ATTENDANCE

Work Goup Meetings

WORK GROUP	2017						2018					
	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Chronic Illness & Wellness	7	10	10	7	7	9	9	7	12	12	10	15
Make the Move	8				8	4		7	5	7	8	8
Pride of Place	7	6	8	8	10	7	8	6	4	10	13	12
Early Childhood Youth and Families	8	8	5				9	8	10	9	10	12

Board Meeting

	2017						2018					
	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Board Meeting	7	8	8	7	6	10	10	12	11	12	12	11

*Following appointment by the Minister for Health, the December 2017 Board meeting was the first attended by four community Board members. Their appointment created a 10 person Board. Attendance figures includes support staff.

Full Assembly Meeting

	2017						2018					
	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Assembly Meeting		35			38			28		25		26

OUR PROJECTS

BY THE COMMUNITY, FOR THE COMMUNITY



Health Innovation Grants recipients Little Saints Childcare (Moe) were funded to create new educational play equipment

Adolescent Behavioural Change (ABC) Latrobe

Objective: It is proposed that in seeking funding for the upcoming financial year that the scope of the ABC program be widened in terms of its delivery and eligibility to address the needs of the Latrobe community as a whole. This includes expansion of the 10-week program to be delivered more frequently, and provide for delivery across Newborough, Moe, Morwell and Traralgon.

An expansion of the program will increase accessibility for young people who are at risk of using violence at home or bullying others, it will provide case managers with a wider opportunity to support the young person through access to the program. This will provide the opportunity for intervention prior to any escalation of behaviours.

Status: In Development
Action Areas: Mental Health / Social Inclusion

Latrobe City – Premier Area for Ageing Well

Objective: To develop the Latrobe Valley as the premier area for ageing well, by developing a community support system that supports the transition to retirement and then aged care for local residents and new residents and builds on Latrobe City's Positive Ageing Strategy.

Status: In Development
Action Areas: Physical Activity / Built, Natural Resources / Jobs and Skills / Community Capital

Latrobe City Food Truck

Objective: Development of a social enterprise that manages a food truck to deliver health and wellbeing messages in conjunction with healthy food preparation for the Latrobe City community.

Status: In Development
Action Areas: Healthy Food / Social Inclusion / Community Capital

Medicinal Cannabis Forum

Objective: The aim of the project is to increase knowledge and understanding as to when and how medicinal cannabis should be prescribed to patients. It is proposed to run a series of educational forums on the use of medicinal cannabis in the Latrobe

Valley. Expert keynote speakers will be engaged on the topic of medicinal cannabis on an international, national and local level and representatives from peak bodies such as DHHS, AMA and RACGP.

One forum will be held for community members with a focus on their questions and concerns and one forum will be held for medical practitioners and general practitioners to educate and inform.

It is proposed that a HealthPathways education resource page on medicinal cannabis will be developed by the Gippsland PHN HealthPathways team and presented at the forums.

Status: In Development
Action Areas: Chronic Health

Social Prescribing

Objective: Social prescribing, is a means of enabling GPs, nurses and other primary care professionals to refer people to a range of local, non-clinical services. Stage 1 of this project has been identified as: Employment of a project officer or consultant to map all possible and existing non-clinical organisations and services, and develop a model of social prescribing that may work in Latrobe.

Status: In Development
Action Areas: Chronic Health / Mental Health / Social Inclusion



Asthma Management program

Objective: A 12-month asthma management awareness campaign that is conducted throughout Latrobe City that educates the community on asthma treatment and asthma causes through a variety of different innovative methods.

#Scarfie asthma management engagement project

A month long campaign throughout Latrobe Valley where clinical nurses and asthma foundation representatives are made available in shopping centres to discuss with the community possible asthma plans and their ongoing asthma management.
Status: Delivered

Asthma Education in Pharmacies

A month long Asthma Education campaign at Latrobe City Chemists' - Traralgon, Morwell, Moe and Churchill; where a respiratory nurse is made available to discuss and educate with the community about the correct use of asthma medication/ preventions to control their conditions.
Status: Delivered

Asthma Friendly Schools Latrobe

This project will ensure all schools in Latrobe City are Asthma Friendly trained and certified. Benefits to becoming an Asthma Friendly school include:

- Improving asthma awareness and management in the school;
- Improving support to students with asthma encouraging an inclusive environment;
- Supporting responsibilities for the health, safety and wellbeing of students and staff;
- Provides parents and carers of students with asthma, a peace of mind and access to resources; and

PROJECTS

- Ensures the school is implementing current and best practice asthma management strategies.
- Status: Delivery In Progress

Action Areas: Chronic Health

Outcomes from #Scarfie asthma management engagement

- Number of people the clinicians approached for the June campaign: 1,398
- Number of participants who completed the forms: 238
- Number of participants who consented to follow-up calls: 194
- Out of the 194 participants who consented to follow-up calls, we were able to contact 108 people
- Out of the 108 participants who we were able to contact; 51 participants made a doctor's appointment, 37 participants did not make a doctor's appointment and 20 participants chose to not provide any answers to our questionnaire
- Out of the 51 participants who made a doctors' appointment; 31 participants have a current asthma management plan
- Out of the 31 participants who have a current asthma management plan; 30 participants are confident with their asthma management plan
- Out of the 37 participants who did not make a doctors' appointment; 27 participants are intending to make a doctors' appointment and 13 participants already have an asthma management plan
- Out of the 13 participants who have a current asthma management plan; 10 participants are confident with their asthma management plan

Community Engagement to The Gathering Place

Objective: To fund and appoint a full time paid Community Engagement Worker who will generate demand and engagement to The Gathering Place as an epicentre where people gather, connect, get support and advice, learn and do community-led activities in support of the needs and interests of the local A&TSI community.

Status: Delivery in Progress

Action Areas: Social Inclusion / Safe Families

Community Health Nursing in Primary Schools

Objective: Establish a Health and wellbeing (Prevention / early intervention) program in local schools to support vulnerable children and their families to be healthy and well. Stage 2 of this project is in development.

Status: Delivery In Progress

Action Areas: Safe Families / Jobs and Skills

Dental Fluoride Varnishing Scheme - Grade 1's

Objective: Over a 6-month period a dental therapist and dental assistant will attend all 29 primary schools within Latrobe City to provide fluoride varnishing treatment to grade 1 students. The dental therapist and dental assistant will attend the schools twice within the 6-month period to apply the fluoride varnishing treatment and undertake an oral assessment (Term 2 and Term 4).

Status: Term 2 – Delivered, Term 4 – Delivery in Progress

Action Areas: Dental Health

Dental: Up-skilling Dental Assistants

Objective: To up-skill five Dental Assistants in a Certificate IV Dental Assistant– Oral Health Assessor. This will allow the dental assistant to provide a range of different preventative dental health services to the Latrobe City community and resulting in better dental health practice and reduced waiting times for public dental services.

Status: Delivery In Progress

Action Areas: Chronic Health / Dental Health

Dental Voucher Scheme

Objective: This project will provide vouchers to those on the public dental waiting list in aim of reducing the wait list times by 6 months.

Status: Delivery In Progress

Action Areas: Chronic Health / Dental Health



Participants attend the launch of Food For All developed by the Food Security Coalition

Food Security Coalition

Objective: A strategic and coordinated effort across critical partners is required to address food security in Latrobe City, which is significantly higher than the state average.

Status: Delivery In Progress

Action Areas: Healthy Food

Healthcare that Counts in Latrobe

Objective: The Healthcare that Counts framework was released by the Victorian Government in March 2017. The Healthcare that Counts framework is a quality improvement framework for health services to embed organisational governance, systems and structures focused on vulnerable children and families. This project will support health services across Gippsland to provide more responsive care to vulnerable children – leading to earlier access to support services they need to have optimal health and wellbeing.

Status: Delivery In Progress

Action Areas: Chronic Health / Mental Health

Health Innovation Grants Program

Objective: A small grants program that will enable local community groups, work places, schools, sporting clubs and community members to implement innovative projects / initiatives that improve the health and wellbeing of the Latrobe City community. The pump priming funding available through the LHA should seek to enable (i) leverage of other support in cash or kind and (ii) opportunities for ongoing sustainability of the initiative.

Status: Delivery in Progress

Action Areas: All Action Groups

Healthy messaging billboards

Objective: Billboards strategically placed throughout Latrobe City that provide a series of health messaging.

Status: Delivery In Progress

Action Areas: Physical Activity / Healthy Food / Built, Natural Resources / Community Capital

Increasing Access to Sports

Objective: This project will focus on encouraging underprivileged youth to participate in sporting clubs. This project will be the first of its kind in working directly with sporting clubs to build their capacity to provide for the under privileged groups in our community.

Status: Delivery In Progress

Action Areas: Physical Activity / Social Inclusion

Latrobe City Smoking Cessation Pilot

Objective: Quit Victoria has been running anti-smoking public education campaigns across the State and region for a considerable period of time. While the activities have led to a significant decrease in smoking across most of Gippsland, the rates of smoking in Latrobe City are still high, with the number of people who have quit successfully low compared to most other areas of the State.

This project will give us a better understanding of the drivers relating to smoking in Latrobe City and devise local solutions to encourage and support more people to quit smoking.

Status: Delivery In Progress
Action Areas: Smoke Free / Chronic Health / Dental Health

Make the Move Latrobe

Objective: The Make the Move program will promote a more vibrant, healthy & active work force. Currently 57.5% of Latrobe City residents do not meet the daily guidelines for physical activity which is higher than the Victorian rate. Office workers who operate in sedentary environments and sit for prolonged periods will experience great health benefits of becoming more active. The program will complement "Active Living" in the Latrobe City Municipal Health & Wellbeing Plan as it will achieve incidental activity at the workplace. It will achieve increased physical activity of sedentary and isolated workers through social sport & recreation. It will promote social connectedness of employees and an increase in productivity.

Status: Delivery In Progress
Action Areas: Physical Activity / Healthy Food / Social Inclusion / Built, Natural Resources

Minor Project - Gippsland Care Communication and Record Book (the 'Care Journal')

Objective: To develop a Gippsland 'Care Journal'. The resource can be used by both consumers, carers and healthcare providers to improve care coordination and client autonomy and control.

Status: Delivery In Progress
Action Areas: Chronic Health / Mental Health

Minor Project - My Tracks Latrobe

Objective: This project proposes an online, interactive tool that will provide a multimedia approach to increasing awareness, encouraging participation and improving overall health and wellbeing.

Status: Delivery In Progress
Action Areas: Physical Activity / Built, Natural Resources

Minor Project - Work Wellbeing Challenge

Objective: To improve mental and physical health and wellbeing in the Latrobe City small business workforce by encouraging employees to participate in a cost-free wellbeing challenge.

Status: Delivery In Progress
Action Areas: Physical Activity / Healthy Food / Mental Health / Social Inclusion

Volunteering in the Valley

Objective: To appoint a Volunteering Development Officer to co-design with volunteer organisations a coordinated, flexible and accessible approach to volunteering in Latrobe City through collaboration with three partners, Latrobe City Council, Latrobe Health Assembly and Latrobe Valley Authority. The project will build on existing volunteer support services.

Status: Delivery In Progress
Action Areas: Social Inclusion / Community Capital / Physical Activity

Water for Health Project

Objective: A public campaign that focuses on increasing the

availability and consumption of tap water as an alternative to encourage a reduction in the consumption of sugary drinks and bottled water.

Status: Delivery In Progress
Action Areas: Healthy Food



Bike Restoration Program participants celebrating the launch of an exhibit at Latrobe Regional Gallery showcasing their restored bikes

Bike Restoration Program

Objective: To establish an ongoing bike restoration program with FLO School, with restored bikes being distributed to local charities supporting kids in need. Students who participate and complete the restoration are award a Certificate I in Work Preparation.

Status: Delivered
Action Areas: Social Inclusion / Jobs and Skills

Outcomes from the Bike Restoration Program

The Latrobe Health Assembly in partnership with Morwell's Flexible Learning Option (FLO) School introduced a Bike Restoration program in Term 1, 2018. Aimed at engaging students in a hands on approach, the program gained instant appeal from the students at the FLO School.

Bikes were donated from all over the region to support the program with expert guidance supplied by Barefoot Pathways Transitional Training Centre. Training Facilitator, Scott Douglas conducted regular workshops with students, educating them in workshop safety, tool maintenance and of course bicycle restoration.

Daina Hughes, FLO School teacher said that "the program helped students get out of their comfort zone, learn something completely new and pick up valuable skills that they can use in any field."

The outcome of the program resulted in 12 bikes being beautifully restored. The results were so good that the Latrobe Health Assembly organised a gallery exhibit with the final products at the Latrobe Regional Art Gallery in June 2018.

Mid Valley Social Enterprise

Objective: To establish a sustainable social enterprise café which provides extension training for people who have undertaken a course such as Certificate III Barista or in Food Handling. The café, staffed by various community groups, school VCAL students and others will open on weekdays and provide a focal point for people to use the western end of the shopping centre.

Status: In Development
Action Areas: Jobs and Skills / Community Capital

Minor Project - Black Dog Ride - Community Carnival sponsorship

Objective: A community 'wellness' day at Old Gippsdown during Black Dog ride to and from Heyfield.

Status: Delivered
Action Areas: Mental Health / Social Inclusion

PROJECTS



Womens Self Defence class participants receive empowering training at the 44 Gym

Minor Project - Community Self-Defence Classes

Objective: Five self-defence sessions run in each of the major towns over a period of 6 months. Feeling safe is a major concern of our community, as is domestic violence, this course is aimed at educating women on how to protect themselves and feel safe and connected to their community.

Status: Delivered

Action Areas: Physical Activity / Safe Families

“Huge thanks to Latrobe health assembly for organising a Self Defence Course for Women and giving me the opportunity to attend. Much appreciated”

Deborah C

“Thankyou again for accepting me into this programme. I will certainly benefit immensely from this self defence exercise”

Kim C

Minor Project - Eid Festival

Objective: The Eid festival is an effort to share the Muslim faith with the broader community in a family environment. United Muslim Sisters of Latrobe Valley, organises events such as this festival to dispel negative sentiments about Islam. This year health and wellbeing agencies will be invited to attend the event to help promote healthy living.

Status: Delivered

Action Areas: Social Inclusion / Safe Families / Community Capital

Minor Project - Garmin's in Schools

Objective: This project focuses on encouraging students of Year 8/9 Kurnai College Churchill Campus to further engage in more incidental activity by providing them with a class assigned set of Garmin watches (or similar device) for a period of 1 term (10 weeks).

Status: Delivered

Action Areas: Physical Activity



The Latrobe Health Assembly Gratitude Walls have been positioned throughout the Valley, including here at Narracan Gardens Aged Care Home

Minor Project - Gratitude Wall

Objective: Recognising what you are grateful for has often been linked to improvement in a person's wellbeing. A pop-up blackboard

gratitude wall, that is displayed in public areas across Latrobe city for people to write up what they are grateful for that day.

Status: Delivered

Action Areas: Built, Natural Resources / Social Inclusion

“This has been a great initiative and has resulted in lots of contributions and positive conversations. Thanks so much for the opportunity”

Narracan Gardens Aged Care Centre

“Awesome uplifting idea. keep positive thinking alive”

Wendy M

Minor Project - Traralgon East AusKick

Objective: This is a place based initiative that supports the needs of the children and their families living in Traralgon East, it removes the barrier of limited access to Transport and encourages people to be active where they live.

Status: Delivered

Action Areas: Physical Activity / Social Inclusion

Minor Project - Women Empowerment and Professional Development Workshop

Objective: The workshops are designed to empower women in the region to give them the knowledge to use their potential in the best way. The workshops will empower women, create possibilities and boost their self-esteem. There are so many unemployed women coming from diverse backgrounds including CALD, disadvantaged background, these workshops will enable them to discover their potential.

Status: Delivered

Action Areas: Social Inclusion / Jobs and Skills / Community Capital

FINANCIAL REPORT



Latrobe Valley Bus Lines staff making use of new exercise equipment thanks to the Health Innovation Grants



Steve Murphy demonstrates bee keeping practices to his students. A social inclusion project funded through the Health Innovation Grants



Participants of the Flexible Learning Option schools Bike Restoration Program celebrate the opening of their Latrobe Regional Gallery exhibit showcasing their restored bicycles

All monies directly associated with the operation of the Latrobe Health Assembly are managed by the Latrobe Regional Hospital under an arrangement established between the Hospital and the Department of Health and Human Services on behalf of the State Government. The Assembly does not hold any monies in its own right.

All of the costs associated with the Assembly are formally audited and reported to Government and the community as part of the Latrobe Regional Hospital annual reporting requirements.

For the purposes of this report, information on the costs associated with the Assembly are displayed by cost centre. These include:

- Operations – funding for the operations of the Assembly, including staffing, administration, rental and other operational costs
- Prior year unexpended funds – funds carried over from the previous year before the Assembly became an incorporated association
- Innovation Funds – funds provided to the Assembly to support innovative projects and programs decided upon by the Assembly
- Community Engagement – funds provided to support community engagement activities by the Assembly
- Specified Funded programs – funding provided to support establishment of the Assembly, including costs associated with developing a constitution, governance structures and documents etc
- Fixed term staffing – funds to support staff employed on a fixed term basis. These include a Planning and Research Officer and a Grants Program Support Officer. The Assembly also hosts the two-person Latrobe Health Innovation Zone Social Marketing team, which started work in May of 2018.

All staff are employed by the Hospital.

The reports reflect an underspend in the 2017/18 year, partly due to carryover of funds from the previous financial year when the Assembly was beginning its operations. Fixed term staffing positions were also funded for the last six months of the financial year but staff were employed only for a portion of this time.

Funding for broader programs instigated by the Assembly is supported through the Latrobe Health Innovation Zone budget and is not noted in these financial reports.

For example, the Assembly agreed to support a Latrobe City food security program, now called Food for All Latrobe. Funding for this program was provided through the Latrobe Health Innovation Zone budget in an auspice arrangement between the Central West Gippsland Primary Care Partnership (CWGPCP) as the host of the program and the Department of Health and Human Services. Funding is provided direct to the CWGPCP by the Department with the Assembly a signatory as an associated body to the contract.

Similar arrangements are in place for a physical activity officer who is hosted by GippSport. As the Assembly is not a delivery agency, it is anticipated that the auspice model will continue to be used.

Latrobe Health Assembly - Operations Profit and Loss Statement

	2017-18 Financial Year			Full Year Budget
	Actual	Budget	Variation	
Operating Revenue				
Grant Revenue	666,467	668,155	(1,688)	668,155
Total Operating Revenue	666,467	668,155	(1,688)	668,155
Expenditure				
Human Resources	10,718	43,600	32,882	43,600
Long Service Leave	4,727	11,060	6,333	11,060
Payroll Costs	437,967	418,307	(19,660)	418,307
Superannuation	38,304	36,812	(1,492)	36,812
Workcover	6,670	7,870	1,200	7,870
Employee Costs	498,386	517,649	19,263	517,649
Administration	25,487	53,006	27,519	53,006
Computer Expenses	16,000	16,000	0	16,000
Domestic Charges	1,478	2,300	822	2,300
Food	2,830	4,100	1,270	4,100
Rental - Buildings	40,345	40,000	(345)	40,000
Repairs & Maintenance	4,360	23,000	18,640	23,000
Utilities	6,817	12,100	5,283	12,100
Non-Salary	97,317	150,506	53,189	150,506
Total Operating Expenditure	595,704	668,155	72,451	668,155
Operating Surplus/(Deficit)	70,763	-	70,763	-
Capital Purchases	7,061	-	7,061	-
Net Surplus / (Deficit)	63,702	-	63,702	-

Latrobe Health Assembly - Prior Year Unexpended Funds Profit and Loss Statement

	2017-18 Financial Year			Full Year Budget
	Actual	Budget	Variation	
Operating Revenue				
Grant Revenue	152,785	152,785	-	152,785
Total Operating Revenue	152,785	152,785	-	152,785
Expenditure				
Human Resources	-	-	-	-
Payroll Costs	6,697	6,750	53	6,750
Administration	35,000	35,000	-	35,000
Computer Expenses	85,200	85,200	-	85,200
Consultancy Costs - I.T	25,890	25,835	(158)	25,835
Total Operating Expenditure	152,890	152,785	(105)	152,785
Operating Surplus/(Deficit)	(105)	-	(105)	-

Latrobe Health Assembly - Innovation Funds Profit and Loss Statement

	2017-18 Financial Year			Full Year Budget
	Actual	Budget	Variation	
Operating Revenue				
Grant Revenue	575,600	575,600	-	575,600
Total Operating Revenue	575,600	575,600	-	575,600
Expenditure				
Human Resources	50,770	50,770	-	50,300
Consultancy Cost	-	-	-	-
Administration	265,240	524,230	258,990	524,700
Food	600	600	-	600
Total Operating Expenditure	316,610	575,600	258,990	575,600
Operating Surplus/(Deficit)	258,990	-	258,990	-

Latrobe Health Assembly - Community Engagement Funds Profit and Loss Statement

	2017-18 Financial Year			Full Year Budget
	Actual	Budget	Variation	
Operating Revenue				
Grant Revenue	150,000	150,000	-	150,000
Total Operating Revenue	150,000	150,000	-	150,000
Expenditure				
Human Resources				
Consultancy Costs	15,370	150,000	134,630	150,000
Total Operating Expenditure	234	-	(234)	-
Operating Surplus/(Deficit)				
Capital Purchases	15,604	150,000	134,396	150,000
Net Surplus / (Deficit)	134,396	-	134,396	-

Latrobe Health Assembly - Specified Funded Programs Profit and Loss Statement

	2017-18 Financial Year			Full Year Budget
	Actual	Budget	Variation	
Operating Revenue				
Grant Revenue	175,000	175,000	-	175,000
Total Operating Revenue	175,000	175,000	-	175,000
Expenditure				
Human Resources	14,983	72,000	57,017	72,000
Consultancy Cost	38,823	103,000	64,177	103,000
Total Operating Expenditure	53,806	175,000	121,194	175,000
Operating Surplus/(Deficit)	121,194	-	121,194	-
Capital Purchases	1,538	-	1538	-
Net Surplus / (Deficit)	119,656	-	119,656	-

Latrobe Health Assembly - Fixed Term Staffing Profit and Loss Statement

	2017-18 Financial Year			Full Year Budget
	Actual	Budget	Variation	
Operating Revenue				
Grant Revenue	300,000	300,000	-	300,000
Total Operating Revenue	300,000	300,000	-	300,000
Expenditure				
Human Resources	500	500	-	500
Long Service Leave	2,839	-	(2,839)	-
Payroll Costs	77,665	275,162	197,497	275,162
Superannuation	6,388	6,388	-	6,388
Workcover	932	-	(932)	-
Administration	950	950	-	950
Computer Expenses	6,879	7,000	121	7,000
Repairs & Maintenance	2,625	10,000	7,375	10,000
Total Operating Expenditure	98,777	300,000	201,223	300,000
Operating Surplus/(Deficit)	201,223	-	201,223	-
Capital Purchases	8,071	-	8,071	-
Net Surplus / (Deficit)	193,152	-	193,152	-



Latrobe Health
Assembly



Shaping
The Valley