



2022-25

LIVING WELL LATROBE

Our Community's Municipal
Public Health & Wellbeing Plan

**Latrobe City Council acknowledges
that we live, work and play
on the traditional land of the
Braiakaulung people of the
Gunaikurnai nation and pays
respect to their Elders past
and present**





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Thank you

Latrobe City Council would like to acknowledge the valuable input of our community and health partners in developing this plan. This plan demonstrates our ongoing collaboration to ensure that Latrobe City is a healthy and safe place for everyone.



Mayor's Message

Living Well Latrobe represents our community's desire to live healthy lives in a safe, diverse and resilient community.

In developing this plan, we have listened to the aspirations of our community, reviewed what the health and wellbeing data tells us and engaged with our partner agencies and stakeholders. This plan is a culmination of that engagement, as well as a continuation of the ongoing work of our community to improve our health and wellbeing.

Our community has many strengths. We are rightfully proud of our strong and connected community and natural and build assets. This plan seeks to highlight how we can build on our strengths and the great work that is already happening to enhance health and wellbeing. We do not start this work from a blank canvas. We have existing programs, partnerships and participation that build on the work of this plan.

We acknowledge the role of our partners in supporting our community's health and wellbeing. Community groups, service providers, community organisations and all levels of government play an important part in our community.

What we have heard loud and clear is that our community wants and deserves programs and services that are affordable, accessible and inclusive. Affordable because cost should not be a barrier to good health and wellbeing. Accessible

because we each have individual needs that impact our access to programs and services. Inclusive because we are a diverse community that is stronger together.

The plan highlights that some groups in our diverse community face particular challenges to good health and wellbeing. As we deliver on this plan, we are committed to focusing on health equity and inclusion. We also acknowledge the impacts of the COVID-19 pandemic and the effects of storms, floods and fires on our community.

By listening to each other and working together, I am confident that through this plan we will improve the health and wellbeing of our community. I encourage you to join us on this journey.

Cr Kellie O'Callaghan
Mayor, Latrobe City Council



Cr Kellie O'Callaghan
Mayor of Latrobe City

About this plan

Latrobe City Council develops the Municipal Public Health and Wellbeing Plan, *Living Well Latrobe* to meet Council's statutory requirement, under the *Public Health and Wellbeing Act 2008*, *Gender Equality Act 2020*, and *Local Government Act 2020*.

Living Well Latrobe describes how Latrobe City Council will work with the community and our partners to maintain and improve everyone's health and wellbeing in our community.

This plan has four priority areas identified as important to the needs of Latrobe City. These were identified and developed together with the Latrobe City Community through our Your Latrobe Community Engagement activities, discussions with external health partners and by reviewing health data relevant to our community.

Council plays an important role in promoting and improving public health and wellbeing. Council delivers a range of programs, services and initiatives as well as partnering with the community and our health partners to achieve this. Living Well Latrobe identifies a range of strategic objectives and Council's role in working with the community and our partners, which may include delivering, partnering, advocating or a combination of these. The plan demonstrates our shared work and provides a framework for evaluating its impact. Latrobe City Council will report annually against the objectives, which will detail the actions and activities undertaken and how they have been evaluated. This plan aims to address the broader influences on health and empower the community to improve health and wellbeing.

Living Well Latrobe will be a guide for the work of other plans, strategies and actions developed by Council and supports the application of health and wellbeing principles in all the work we do.





10 year Community Vision



Council Plan
Municipal Public Health
and Wellbeing Plan

Financial Plan
Asset Plan

Your Latrobe Engagement

Community and health partner engagement has informed the development of Living Well Latrobe. The plan incorporates the aspirations of our community identified through the Your Latrobe engagement in 2021, as well as the priorities identified by our health partners.

As part of the engagement process we asked a Community Panel of Latrobe City residents to share their vision for a healthy Latrobe. Their vision included an aspiration to create a collaborative plan that advocates for our community's health and wellbeing by focusing on affordability, accessibility and inclusivity.

An in-depth survey was completed by 1463 community members.

The following are key community recommendations from the survey. The table indicates where these have been incorporated into this plan.

KEY SUGGESTION	HEALTH AND WELLBEING PLAN OBJECTIVES
Ongoing community engagement activities	2.4
Generate new and innovative employment opportunities	3.9 (and Council Plan)
Focus on improving safety and reducing crime in Latrobe	2.1
Ensure all sporting facilities and entertainment venues are of the same high quality and equally as accessible	1.3, 2.2, 3.11
Foster a positive cultural change in Latrobe City	3.6, 3.11, 4.4







1

We are committed to evidence-based practice, which is informed by community input and evaluation.

2

We build on what we already have by celebrating our community and utilising our built and natural assets to enhance health and wellbeing.

3

We integrate health and wellbeing objectives across all aspects of Council planning and policy.

4

We ensure that our actions have a focus on affordability, accessibility and inclusivity.

5

We focus on prevention.

6

We acknowledge that some people will experience poorer health outcomes depending on their physical and social environments.

Guiding principles to deliver this plan

Six principles for action support the objectives in this plan and should be front of mind when implementing any actions associated with this plan.

Our diverse community

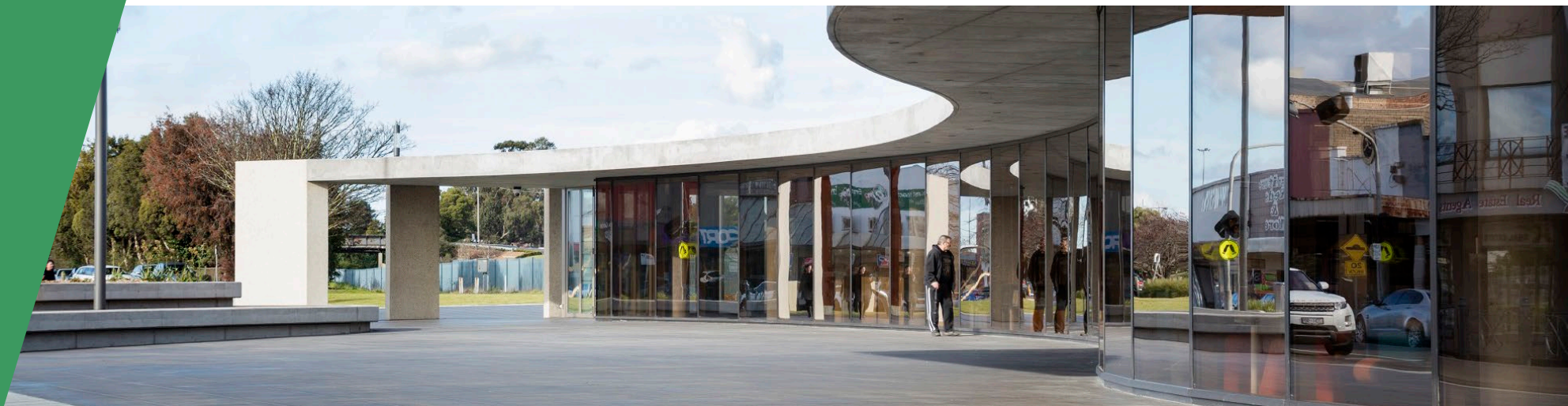
Latrobe City has a diverse community. While health and wellbeing matters affect everyone, for some individuals or groups in our community there are particular challenges. Some groups in our community experience significantly poorer health outcomes and overall health than the

general population. This plan includes 'priority population groups' to consider within this plan. When carrying out actions in the plan we will consider the needs of priority groups closely and focus efforts on equity and inclusion.

Priority groups include:

- ✓ People with a disability
- ✓ Aboriginal and Torres Strait Islander people
- ✓ People experiencing or at risk of homelessness
- ✓ People who are lesbian, gay, bisexual, trans and gender diverse, intersex, and queer and/or questioning (LGBTIQ)
- ✓ People from culturally diverse communities
- ✓ People from socio-economically disadvantaged backgrounds
- ✓ Children and younger people
- ✓ Older people

Note: We acknowledge the significant impact the COVID-19 pandemic and natural disasters have had on the health and wellbeing of our community. The data used in this plan, while it is the most current available, was gathered prior to the COVID-19 pandemic and should not be considered a full or current picture of health and wellbeing.





Priority areas

Improving Health Equity

- ✓ Connections and partnerships
- ✓ Resilience and recovery



Safe

Identifying and responding to key community safety priorities and needs



Healthy and active

Supporting everyone to achieve their best physical and mental health



Resilient and supported

Working together to build a resilient, connected and adaptive community



Natural and built environments

Considering the connection between health and our physical environments



Safe



What the data says

80.7% Are willing to help each other in the community¹⁴

Around **25.7%** of people have a disability and **13.9%** of people are carers in Latrobe¹⁵

13.41% in our community live alone compared to **9.74%** in Victoria¹². Of the larger towns, Traralgon has the highest amount of people living alone at **33.06%**; and for the smaller towns, Yallourn North has the highest with **1.94%**. More women live alone than men¹

67% of people own their home¹. **28.9%** of households experience rental stress, while mortgage stress is low⁹. Rental in Moe Newborough has increased **56%** since 2010 and ranks second in the state for largest rental increases³

What we are working on

The data shows our community has challenges in some areas, working together we are looking to:

Support more people to feel safe in our community, currently only **27.4%** of women and **67.4%** of men feel safe when walking alone at night²

Decrease the harm from gambling in our community. Over **\$26** million was lost on electronic gaming in 20/21, the most within the Gippsland Local Government areas¹⁴

Lower the rates of family violence in our community, **246.53** women and **87.50** men - per **10,000** people reported family violence incidents which were attended by police in 2019 (Vic **115.6** women, **38.1** men)¹⁰

Decrease the harm from alcohol and illicit drug use. Ambulance and hospital attendance and treatment related to alcohol and illicit drug use is high when compared to the State¹⁶

What our community said

"Better funded community programs aimed at tackling antisocial behaviour, crime and substance abuse"

"...addressing family violence more seriously..."

"Feel safer in our community"

"Street lighting, improved accessibility with footpaths"

"Community engagement to lessen the reliance on social financial supports an encourage employment"

"To face the fact that gambling is a very big problem in Latrobe Valley..."

"Gender equality and reducing rates of family violence, work needs to be done to challenge past views that are still ever present in rural areas"

"Increased community involvement in community development projects [as this] equals greater pride equals greater activism equals greater resilience"

"Latrobe City has multiple current and future challenges"

"There needs to be more support and engagement to stop the cycle of inter-generational trauma across our communities..."



STRATEGIC OBJECTIVES	COUNCIL'S ROLE			FOCUS FOR PRIORITY POPULATION GROUPS
	DELIVER	PARTNER	ADVOCACY	
1.1 Promote, support and develop place-based programs and partnerships that support community safety, resilience and inclusion	✓	✓	✓	① ② ③ ④ ⑤ ⑥ ⑦ ⑧
1.2 Strengthen environments, cultures, and capacity among individuals, organisations and communities to promote gender equity	✓	✓		① ② ③ ④ ⑤ ⑥ ⑦ ⑧
1.3 Deliver on Council's Disability Action Plan and further embed access, inclusion and equity principles across service delivery and the community	✓	✓	✓	①
1.4 Take a preventative and whole of community approach to reduce harm from gambling, tobacco, alcohol and other drugs	✓	✓	✓	① ② ③ ④ ⑤ ⑥ ⑦ ⑧
1.5 Work with the community and stakeholders to reduce the incidence of family violence, men's violence against women, elder abuse and all forms of violence and abuse	✓	✓	✓	① ② ③ ④ ⑤ ⑥ ⑧
1.6 Work to increase child safety within Council services and external partnerships	✓			② ④ ⑤ ⑦
1.7 Ensure the cultural safety of Aboriginal and Torres Strait Islander people in the organisation, programs and services. Recognise the impact of inter-generational trauma and the ongoing impacts of colonisation	✓	✓	✓	②
1.8 Work to increase the safety of all road users by utilising a safe system approach and promoting active transport	✓	✓	✓	① ⑦ ⑧

Our Diverse Community Legend

- ① People with a disability
- ② Aboriginal and Torres Strait Islander people
- ③ People experiencing or at risk of homelessness
- ④ People from socio-economically disadvantaged backgrounds
- ⑤ Children and younger people
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- ⑧ People from culturally diverse communities





Healthy and active



What the data says

People in Latrobe participate in organised sport at higher rates than in Metropolitan Melbourne¹³

Life expectancy in Gippsland is **79.3** years for men and **84** for women¹²

33.5% of people in Latrobe are living with two or more chronic illnesses compared to **25.5%** in Victoria²

What we are working on

Working together we are looking to:

Increase fruit and vegetable consumption in Latrobe. Currently **6.7%** Latrobe adults met vegetable consumption guidelines, compared with the Victorian average of **9%**²

Decrease the consumption of sugar sweetened soft drinks. Currently **13.9%** of adults in Latrobe City consume sugar sweetened soft drinks each day². Obesity is higher among our community and in other rural areas¹⁸.

Increase access to healthy affordable food. Around **6.1%** of people experienced food insecurity in the Inner Gippsland region in the past year and were either unable to source the right food, running out of food or being unable to buy more¹³

Improve our mental health. **17.5%** of people had high or very high levels of psychological distress, with **36%** of adults reporting they have ever been diagnosed with anxiety or depression²

Increase physical activity. **51%** of women and **59%** of men meet the physical activity guidelines. This compares with Victoria at **49%** for women and **52.8%** for men²

Increase the rate of breastfeeding. Breastfeeding rates are significantly lower in Latrobe when compared to the rest of the Gippsland region¹⁷

What our community said

"Continue advocating for the communities' voice to be heard"

"...more events and culture...walkable entertainment, retail and hospitality"

"...Diverse sporting activity"

"Direction for all of us to be part of the decisions made here and a purpose... [and] strong leadership"

"Encourage people to walk and ride around the towns where possible to help encourage a healthy lifestyle..."

"More housing availability, better mental health services..."

"We need more investment in parks and natural play spaces, outdoor gyms, pump track skate parks"

"...I want to see kids....engaged in something"



STRATEGIC OBJECTIVES	COUNCIL'S ROLE			FOCUS FOR PRIORITY POPULATION GROUPS
	DELIVER	PARTNER	ADVOCACY	
2.1 Enhance food security by: <ul style="list-style-type: none"> • supporting local sustainable food systems • improving access to healthy affordable food • Supporting people to access food relief when required 	✓	✓	✓	① ② ③ ⑤ ⑥ ⑧
2.2 Support a diverse range of opportunities for people to engage in sport, leisure, and recreation with a focus on affordability and accessibility. Strengthen partnerships between organised clubs/groups and Council to support delivery of programs related to physical activity and positive mental health	✓	✓		① ② ③ ④ ⑤ ⑥ ⑦ ⑧
2.3 Increase and promote incidental physical activity opportunities, active play and transport (for recreation and transport)	✓	✓		① ② ③ ④ ⑤ ⑥ ⑦ ⑧
2.4 Support a diverse range of opportunities for people to engage in creative arts programs and events, with a focus on affordability and accessibility Promote engagement with creative arts as a way to improve social inclusion and positive mental health	✓	✓		① ② ③ ④ ⑤ ⑥ ⑦ ⑧
2.5 Support and promote safe sexual and reproductive health	✓		✓	① ② ③ ④ ⑥ ⑦
2.6 Increase opportunities for a diverse range of community members to participate in the co-design of Council services, events or programs.	✓	✓		① ② ④ ⑤ ⑥ ⑦ ⑧
2.7 Build understanding of the key factors that influence a person's mental wellbeing, and promote prevention initiatives that support positive mental health and wellbeing	✓	✓		① ② ③ ④ ⑤ ⑥ ⑦ ⑧
2.8 Support community health and disease prevention initiatives and consider policy changes at Council that focus on: <ul style="list-style-type: none"> • Reducing obesity • Making healthy food choices easier • Encouraging increased water consumption • Advertising and promoting healthy food 	✓	✓	✓	① ② ③ ④ ⑤ ⑥ ⑦ ⑧
2.9 Develop a policy around health promotion messages and campaigns supported by Council.	✓			

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Resilient and supported



What the data says

Latrobe City Council provides grants for an average of **42** local community events each year⁷

21.63% of our community were born overseas¹

Younger people (under the age of 25) make up **31.21%** of our community¹

17.97% of our community are over the age of 65¹

What we are working on

Working together we are looking to:

Increase support for those at most risk of poor health effects due to climate change and working towards carbon 'net zero' across Council operations. It is predicted in Latrobe the average number of days over 35 degrees per year are likely to increase by **50%** by 2030⁴.

Increase volunteering across Latrobe. **21.47%** people in Latrobe volunteer⁵

Increase the completion rates of Secondary, Vocational and University education. **21.3%** of people in Latrobe have an education below year 11¹. **45%** of Latrobe students obtained a certificate III as their highest level of education, compared to a state average of **24%**¹

Increase digital connectivity, including free public internet access. Around **19.5%** of households in Latrobe don't have access to the internet¹⁴

Increase employment opportunities across Latrobe. As at March 2019, Latrobe had more than double the amount of 22-to-64-year-olds receiving the Australian Government's Newstart Allowance when compared to Victoria. (Latrobe **9.54%**, Vic **4.57%**)⁸

Support younger to have greater involvement in study and work. **15.44%** of younger people in our community are disconnected from both¹

What our community said

"Future-proofing urban areas against heat impact by planting more shade trees would be wonderful"

"Create pride in the area...for the locals and then tourists will notice"

"Climate change whether man made or environmental should be one of Council's priorities now"

"I love Latrobe City and how it is continuously changing. I hope for the betterment of our towns that it will continue to grow"

"The young people need work, if they have work, they are more likely to stay around"

"Health, specifically the health of those who've been impacted in the long term, whether by natural disaster"

"Building and maintaining community areas..."

"Upgrade sporting facilities in smaller towns to encourage kids to stay involved in the town as well as upgrade park and recreational facilities"

"...champion and celebrate the differences with a sense of pride!"

"Create a long-term plan for the Valley and include whole community"

STRATEGIC OBJECTIVES Our Diverse Community Legend	COUNCIL'S ROLE			FOCUS FOR PRIORITY POPULATION GROUPS
	DELIVER	PARTNER	ADVOCACY	
1 People with a disability 2 Aboriginal and Torres Strait Islander people 3 People experiencing or at risk of homelessness 4 People from socio-economically disadvantaged backgrounds 5 Children and younger people 6 Older people 7 People who are lesbian, gay, bisexual, trans and gender diverse, intersex, and queer and/or questioning (LGBTIQ) 8 People from culturally diverse communities				
3.1 Engage with and support our communities to prepare for and be resilient to the challenges of emergencies and disasters.	✓	✓	✓	① ② ③ ④ ⑤ ⑥ ⑦ ⑧
3.2 Support the Latrobe community to mitigate and adapt to the impacts of climate change, including, but not limited to:				
<ul style="list-style-type: none"> Working in partnership with Indigenous custodians to deliver projects and programs to preserve and restore our natural environment for a changing climate. Work with partners to support community and business to reduce their energy footprint Work towards achieving 'net zero' carbon emissions across Latrobe City Council operations through the delivery of new energy initiatives Offset Council's fleet emissions Explore options to extend the utilisation of geothermal technology across community, business and Council facilities. Deliver actions to improve the sustainability and efficiency of Latrobe City Council buildings and infrastructure. Continue to work with partners to create linking vegetation corridors Work in partnership to progress opportunities as part of the Gippsland Climate Change Network (GCCN) Progress actions to ensure environmentally sustainable subdivision principles are applied Increase urban greening across new and existing neighbourhoods to reduce impacts of urban heat, improve amenity and biodiversity 	✓	✓	✓	① ② ③ ④ ⑤ ⑥ ⑦ ⑧
3.3 Encourage community-led initiatives, programs and events through the community grants program. The grants program supports groups and organisations to be inclusive, welcoming, encourage physical activity and positive mental health and wellbeing and support the principles within this plan	✓			① ② ③ ④ ⑤ ⑥ ⑦ ⑧
3.4 Encourage utilisation of free public Wi-Fi to increase digital connectivity, literacy and inclusion	✓			① ⑤ ⑥ ⑧
3.5 Work on tracking health and wellbeing trends and identify emerging issues. Review programs and services delivered by Council against outcomes, with a focus on identifying prevention activity	✓		✓	
3.6 Support and deliver initiatives that promote understanding, awareness and celebrate cultural diversity within Latrobe City	✓	✓		⑤
3.7 Identify the barriers to social inclusion, including working within Council, with partners and in collaboration with the communities that are most affected	✓	✓		① ② ③ ④ ⑤ ⑥ ⑦ ⑧
3.8 Ensure Council recognises and values the rights and social needs of the LGBTIQ+ community, which also aims to address discrimination and access to Council services and events	✓	✓		④
3.9 Support initiatives that create positive employment opportunities for people of all ages and abilities	✓	✓	✓	① ② ③ ④ ⑤ ⑥ ⑦ ⑧
3.10 Prioritise the needs of young people by:				
<ul style="list-style-type: none"> Seeking to actively involve young people in decision-making processes at Council in the development of programs and initiatives Increasing social and physical infrastructure that is designed to meet the needs of younger people Continuing the Victorian Local Government Partnership work 	✓	✓	✓	⑦
3.11 Ensure Council services and events remain affordable, welcoming and accessible for all	✓			① ② ③ ④ ⑤ ⑥ ⑦ ⑧
3.12 Develop a Positive Ageing Plan to guide Council's work with older community members as it transitions from the provision of Aged Care services	✓		✓	⑧



Natural and built environments



What the data says

Latrobe has a diverse array of festivals and events initiated both by Council and community groups. It is estimated that close to **50,000** people attend an arts and cultural festival or event in Latrobe every year⁶

Latrobe City Council manages **79** sporting reserves for recreation, **626** hectares of public open space parks

Latrobe City Council manages **1447** kms of sealed roads

What we are working on

Working together we are looking to:

Increase walking and cycling for health, **73%** of people drive to work compared to **62%** in Victoria¹.

Increase connection to the natural and built environments to foster better social connection and mental health, data shows rates of poorer mental health in rural areas and among younger people. Overall in our community rates of poor mental health is growing¹⁸

Increase liveability of our community by ensuring our built and natural environments are places where people enjoy living and being

What our community said

"A focus on community, bringing people together. Innovation, industry that employs people and addresses our current and future problems without impacting the environment, again, innovative forward thinkers!"

"Experiences to exploit our natural assets"

"...better quality open spaces, this relates to CBD's, parks, nature strip planting, median strips, fencing, pavements, public toilets, playgrounds, skateparks..."

"Need to prioritise the environment (as opposed to the economy always being the first consideration) ..."

"Accepting we are a variety of country towns and highlighting that is good..."

"Continue to improve infrastructure, major projects such as the Aquatic Centre and Arts Centre will bring people to the area, state of the art sports facilities, shopping centres, family activities"

"Continuing to develop infrastructure that allows people to remain in the area for life..."

"Attracting and retaining skilled professionals as well as creative and passionate young people"

"The ability to provide a healthy environment for our community, while supporting meaningful employment opportunities"



STRATEGIC OBJECTIVES	COUNCIL'S ROLE			FOCUS FOR PRIORITY POPULATION GROUPS
	DELIVER	PARTNER	ADVOCACY	
4.1 Council programs and events value and promote engagement with walking, cycling, nature and open space	✓	✓		① ② ④ ⑤ ⑥ ⑦ ⑧
4.2 Apply where possible Healthy Active by Design principles when planning open space and neighbourhoods	✓			① ② ④ ⑤ ⑥ ⑦ ⑧
4.3 Utilise universal design in the development and upgrade of community assets and open space	✓	✓		① ② ④ ⑤ ⑥ ⑦ ⑧
4.4 Develop campaigns to improve community pride in our built and natural assets	✓	✓		① ② ④ ⑤ ⑥ ⑦ ⑧
4.5 Encourage individuals and communities to plan for, create and maintain a healthy environment that fosters community connectedness	✓	✓	✓	① ② ④ ⑤ ⑥ ⑦ ⑧
4.6 Ensure that health and wellbeing outcomes for the community are considered, where appropriate, in land use planning.	✓	✓	✓	

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Measurement and evaluation plan

Table 1. Overview of Review and Evaluation of Living Well Latrobe

Relevant Action Plans

- Developed by the organisation yearly, to include outputs, measurements and actions in line with the strategic objectives of this plan

Review & report

- Report on actions and outputs completed
- Report on changes in key indicators
- Feedback to community and partners on annual impact

Evaluation

- Undertake process and impact evaluations
- Review actions and outputs against key indicators
- Identify changes for inclusion in next Annual Action Plan

KEY INDICATORS WE WILL MEASURE	WHAT OUR ACTION PLAN WILL INCLUDE
<ul style="list-style-type: none"> • Service reviews include measures of affordability, flexibility, and inclusion • Volunteering rates in Latrobe • Self-rating of preparedness of community members increases following support to plan in emergencies • Recorded progress towards achieving 'net zero' carbon emissions across Latrobe City Council operations • Free public Wi-Fi is rolled out in all activity centres • Number of programs and services at Councils incorporating co-design with community increases, with outcomes added to annual action plans • Number of people visiting and using Latrobe Leisure facilities, Libraries and Creative Arts (both usual programs and events) • Number of sporting clubs or community organisations engaged and supported to achieve objectives in this plan • Increase in people from all of Latrobe selecting the natural environment as a response to the Your Latrobe Community Survey question – "What makes Latrobe City a good place?" • Increased usage of public open space • Health data in Latrobe 	<ul style="list-style-type: none"> • Actions that meet the strategic objectives in this plan • Outputs and specific measures for evaluation • Teams responsible identified in carrying out actions • A Commitment to partnerships and collaboration • A timeframe for actions • How we will work with priority population groups to achieve greater healthy equity • A commitment to working with our community to improve health outcomes



“You need to feel safe where you live... it’s the priority”

Appendix A

Kids Co-designing Healthy Places

The Kids Co-designing Healthy Places toolkit developed by Monash University was used to co-design actions with children and young people for the inclusion in this plan. The work with Youth Council is included below and have been integrated into the main objectives of this plan.

Youth Council Co-Design Workshop

Top priorities:

1. Community safety in general
2. Safety from bullying
3. Access - having access and the ability to join in
4. Healthy food advertising and reducing fast food advertising

Ideas for actions:

- Better lighting in areas where needed
- Fixing potholes and improving footpaths for people in wheelchairs, parents with prams, and for the vulnerable or general community
- Focusing on safety from others and the environment
- Consider ways to limit fast food ads
- Campaigns like ‘Food for Mood’ that support good food choices for mental and physical health
- Education about bullying, speaking up and building resilience to keep safe from harm
- Make changes to the physical environment to generate community pride and increase perception of safety
- In the interest of access and equity, establish mailboxes around town centres and other places to receive community ideas about making the neighbourhoods safer

Appendix B

Selected Survey results 'Kids Co-Designing Healthy Places' work

Word Cloud from the survey results:
"How could we make your
neighbourhood a healthier place?"



The survey results showed overall
children and younger people reported:

- Around 21% felt they sometimes felt it was difficult to buy healthy, food drinks and snacks in their neighbourhood
- Approximately 50% reported they were able to get free drinking water in their neighbourhood
- Unhealthy food advertising was sometimes seen by 35% of respondents in their neighbourhood
- Most respondents said there are lots of good places for games and sports in their neighbourhood (70%) and have lots of places to play outdoors (60%)
- Most feel safe when walking or cycling in their neighbourhood (62%) and they are well lit (54%). Safety around public toilets was noted as a concern to 28%
- Bullying was a concern for 17% of respondents (never feel safe from being bullied by other children in my neighbourhood)

Further work with children and younger people is set to be completed in 2022 where Council will work with small groups of primary school aged children to design solutions and actions from the survey results.

Appendix C

Supporting information

Demographics and Health Profile Municipal Public Health and Wellbeing Plan 2021-25

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Morwell Library

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Moe Service Centre and Library
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34-38 Kay Street, Traralgon

Churchill

Churchill Community Hub
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